

## Rice Lake teacher receives national honor

Rice Lake 5<sup>th</sup> grade teacher **Carolyn Ruhnow** was surprised and honored when, during an all school assembly Nov. 16, she received a Milken Educator Award.



One of education's most prestigious recognitions, the award comes with a no-strings-attached cash prize of \$25,000. The award was presented on behalf of the Milken Family Foundation by Dr. Jane Foley, Foundation Senior Vice President, and Alice Seagren, Minnesota Commissioner of Education.

The award recognizes the importance of outstanding educators and encourages talented young people to enter the teaching profession. Unlike most teaching awards, the Milken Educator Awards have no formal nomination or application process. Each year exceptional teachers, principals and specialists—recommended without their knowledge by a blue-ribbon panel appointed by each state's department of education—are surprised with the news of their awards.

"Our society's most important profession is teaching, as it informs all others," says Lowell Milken, chairman and co-founder of the Milken Family Foundation. "We created the Milken Educator Awards to proclaim in a very public way that greatness in education must be recognized and rewarded. Carolyn Ruhnow embodies this message intended for entire communities, policymakers and students who may be inspired to enter the profession, and for our nation's K-12 educators themselves."

Carolyn's classroom is all about dogs because she believes that integrating man's best friend into the educational environment is a great way to facilitate learning. Once a year she brings her own dogs to the school and integrates the dog/pet theme across the curriculum and enhances it further with technology.

"Carolyn is very deserving of this award," said Rice Lake Principal Warren Buerkley. "She has a wonderful gift of building strong relationships with students and staff, and that skill greatly enhances the educational environment. Her passion and commitment are extraordinary and it is an honor to count her among the Rice Lake staff."

Carolyn works with a divergent range of students, and thanks to her differentiation skills, each one is challenged appropriately. A Fulbright scholar who taught in England for a year, Carolyn incorporates an array of interdisciplinary units that integrate England, dogs and global education.

She integrates technology and implements outside curriculum to augment existing teaching strategies. When it comes to student achievement, eighty-four percent of her students fell at or above the state average in reading and math.

Carolyn serves as a School Growth Facilitator for Q-Comp, a Professional Learning Community (PLC), and sits on many district committees. She readily volunteered to work on the School Improvement/Staff Development Committee to align building goals and professional development with PLC goals. A peer coach, Carolyn supports the staff in setting SMART Goals, creating appropriate strategies and assessing student learning. Heavily involved in staff development, she also trains teachers in reading and schooled the entire staff in SMART Board technology.

A 14-year veteran of the Centennial School District, Carolyn has taught at both Rice Lake and Centerville elementary schools in grades two, four and five. She earned her bachelor's degree at the College of St. Catherine and master's from St. Mary's University.

Since 1987, the Milken Educator Awards have grown to become the nation's preeminent teacher recognition program honoring 55 educators each year. For more information visit [www.mff.org](http://www.mff.org).

## School Board members elected

The following incumbent Centennial School Board members were reelected to four year terms in the Nov. 2 General Election:

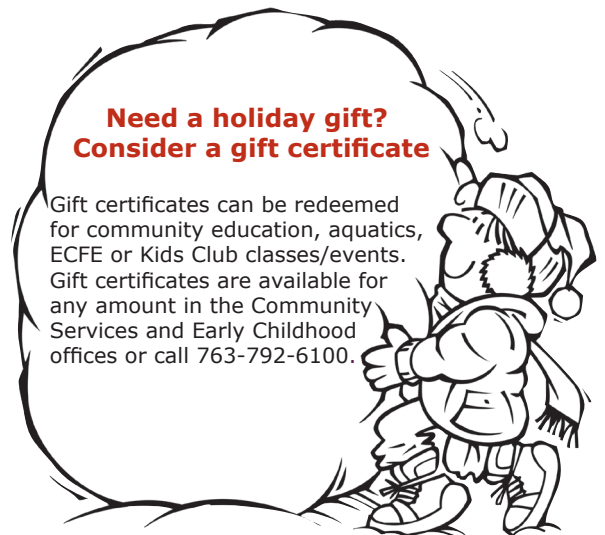
Suzy Guthmueller	6,378
Barbara Regnier	4,874
John Burns	5,235

## Advertising in schools set aside

The Centennial School District has been approached by a company interested in selling advertising in schools such as wrapping school lockers, walls, and/or floors with vinyl advertising (large graphic decals). This proposal was considered at the Nov. 2 Centennial School Board meeting. With three board members voting yes and three no, the motion to approve advertising in the schools failed for lack of a majority.

### Need a holiday gift? Consider a gift certificate

Gift certificates can be redeemed for community education, aquatics, ECFE or Kids Club classes/events. Gift certificates are available for any amount in the Community Services and Early Childhood offices or call 763-792-6100.





## Apply for foundation grant by Dec. 15

Applications will be accepted for \$10,000 in grants to be awarded in Centennial Area Education Foundation's (CAEF) eighth year of the grant program. Programs and activities should supplement and enhance experiences within the school district community and not replace what is or should be provided by the district as part of its normal budgeting process. The application deadline for 2010–11 grants is Dec. 15. Grant proposals will be reviewed in January and recipients will be notified by the end of February.

The grant criteria, application form, and post grant report form are available on the foundation website at [www.caefoundation.org](http://www.caefoundation.org). Completed applications can be e-mailed to [foundation@caefoundation.org](mailto:foundation@caefoundation.org) or mailed to CAEF, P.O. Box 4, Circle Pines, MN 55014.

## Upcoming events



*Fairy tales collide as Queen Marta needs to auction off her beloved son, Prince Ernie, to the richest princess in the land to save her castle. A romp of mixed up fairy tales where every character has his or her own tale.*

3 p.m., Wednesday, Dec. 2 (senior preview)  
7 p.m., Thursday & Friday, Dec. 2 and 3  
2 p.m., Saturday, Dec. 4  
Middle School Auditorium

Tickets: \$5 for adults;  
\$3 for children/students

## High school sponsored blood drive

Help the American Red Cross by donating blood, 8:15 a.m.–2:30 p.m., Tuesday, Nov. 23 in Performing Arts Center and high school white building media center.

## Learn about student travel abroad

Teens and parents are invited to a free seminar on student travel abroad, 6:30–7:30 p.m., Tuesday, Dec. 7 at the Lino Lakes City Hall Community Room. The seminar is presented by Nancy Morin, Lino Lakes resident and area representative for CCI (The Center for Cultural Interchange).

The CCI serves the global community by promoting cultural understanding, academic development, environmental consciousness and world peace through international education.

For information visit [www.cci-exchange.org](http://www.cci-exchange.org) or contact Nancy at 763-229-5558 or [namorin71@msn.com](mailto:namorin71@msn.com).

## Community Band Concert set

The Centennial Community Band will be performing in concert 7:30 p.m., Friday, Dec. 10 at the Centennial Performing Arts Center. Donations accepted.

## Frolic benefits community

Centennial High School's Student Council is sponsoring its 8th Annual Frosty Frolic Saturday, Jan. 8, with proceeds supporting the Centennial Area Food Shelf. The race starts at the white building main entry, 4757 North Road. Registration begins at 8 a.m. and the 5K race begins at 9 a.m. Refreshments will be served after the race. Cost for the 5K race before Dec. 16 is \$15 (\$20 on race day) and includes long sleeve T-shirt. A family four pack is available for \$50 before Dec. 16 only (does not include Kids Fun Run). The Kids Fun Run begins at 10 a.m. Cost is \$10 before Dec. 16 (\$12 on race day) and includes short sleeve T-shirt). Contact Missy Wilhelm at 763-792-5141 for information.

## Late start for grades 1–12

Centennial School District has two more, two-hour late starts on Tuesday, Jan. 11 and Thursday, Feb. 17, to provide site-based staff development opportunities.

• Transportation: 1–12 grade students report two hours later than scheduled start time. Buses will run two hours late. There will be no morning ECSE since transportation will not be available to run these routes, but the midday session will be held. Kindergartners will be bused to school close to their normal times. Kindergarten Plus, morning kindergarten, and K-Time Kids Club will run on a normal schedule. Transportation will create separate routes for late starts and communicate to parents prior to the dates.

# Centennial ISD 12

# NOVEMBER DECEMBER 2010

Monday

Tuesday

Wednesday

Thursday

Friday

Free and Reduced meals available for qualifying households. Lactose free milk available upon written request. Apples from Pine Tree Orchards, White Bear Lake. \*Diced rutabaga and potato mix, Malmen Farms, Oak Grove, MN

**6**  
Tyson Chicken Patty on a Bun  
Lettuce/Tomatoes/Onion  
Oven Ready French Fries  
Variety of Fruit

**15**  
Legendary Shrimp Poppers  
Land O Lakes Macaroni and Cheese  
Wheat Dinner Roll  
Good 4 U Peas  
Variety of Fruit

**20**  
Smucker Snacks  
Chocolate Chip Waffle  
Colby Cheese Omelet  
Baby Cake Potatoes  
Chilled Fruit Sauce  
100% Fruit Juice

**27**  
NO SCHOOL

**7**  
Super Spaghetti with Beefy Meat Sauce  
Warm Garlic Toast  
Garden Salad/Dressing  
Variety of Fruit

**14**  
Tyson Red Label Chicken Breast Filet  
Baked Potato Half  
Herb De Provence  
Vegetable Blend  
Wheat Dinner Roll  
Variety of Fruit

**21**  
Chillin' out for Winter  
Beef Chili Topped with Cheese  
Carrot and Celery Sticks  
Pineapple Chunks  
Reduced Fat Cool Ranch Doritos

**28**  
NO SCHOOL

**1**  
Ling's Mandarin  
Orange Chicken  
Hearty Brown Rice  
Seasoned Green Beans  
Wheat Dinner Roll  
Mandarin  
Orange/Pineapple Cup

**8**  
Tyson BBQ Sluggler  
Wheat Dinner Roll  
\*Diced Rutabaga and Potato Mix  
Baby Carrots/Dip  
Variety of Fresh Fruit

**15**  
Sec: Hummus and Pita Chips  
Cheese Stick  
Vanilla Sweet Potatoes  
Garden Salad/Dressing  
Variety of Fruit  
Elem: Student Planned

**22**  
*Birthday Bash*  
Cheese, Taco or Pepperoni Pizza  
Pasta with Red Sauce  
Green Beans/Fruit  
Winter Wonderland Cookie

**29**  
NO SCHOOL

**2**  
*Pizza Party*  
Whole Grain Cheese or Pepperoni Pizza  
Multigrain Breadstick  
Mixed Green Salad/Dressing  
Variety of Fruit

**9**  
MmmmmGood Cinnamon Pancakes  
Pork or Turkey Breakfast Sausage  
Hashbrown Stick  
Chilled Fruit Sauce  
100% Fruit Juice

**16**  
Super Beefy Nachos  
Cup of fixings  
Mexican Infused Rice  
Black Beans  
Whole Kernel Corn  
Variety of Fruit  
SB Cinnamon Roll

**23**  
NO SCHOOL

**30**  
NO SCHOOL

NO SCHOOL

**10**  
Jennie-O Turkey and Gravy over Fluffy Mashed Potatoes  
Wheat Dinner Roll  
Cranberry Sauce  
Broccoli Normandy  
Variety of Fruit

**17**  
Campbell's Tomato Soup  
Grilled Cheese Sandwich  
Sweet Potato Puffs  
Variety of Vegetables  
Fruit Choice

**24**  
NO SCHOOL

**31**  
NO SCHOOL

Cold entrée choice in elementary. Alternate lines available in secondary buildings. All meals include milk. Menu subject to change. Products have been made in district kitchens or production plants where milk, eggs, soybeans, tree nuts, peanuts and other ingredients are used.

SB=School Baked

## Lunch Prices

Elem: \$2.20/day  
Sec: \$33.00/mos  
Entrée: \$1.95  
Milk: \$ .45  
Non-Student/Adult: \$3.40

On-line account information and payment options at

[www.paypams.com](http://www.paypams.com)

